

Carleton Place Aquatics

INSTRUCTOR

Program Flow Chart

Lifesaving Instructor



Lifesaving Swim Instructor



Bronze Cross



Bronze Medallion
& Emergency First Aid



Bronze Star
& Basic First Aid



Swim Patrol-Rookie/Ranger/Star
OR Junior Lifeguard Club



Swimmer 6

Carleton Place Aquatics

LIFEGUARD

Program Flow Chart

National Lifeguard Service



Lifesaving Standard First Aid
& CPR-C



Bronze Cross



Bronze Medallion
& Emergency First Aid



Bronze Star
& Basic First Aid



Swim Patrol- Rookie/Ranger/Star
OR Junior Lifeguard Club



Swimmer 6



359 Bridge Street, Carleton Place, ON. K7C 3H9

2017/2018

National Lifeguard
Standard First Aid /CPR-C
Swim/Lifesaving Instructor



See the Training Path for
LIFEGUARDS & INSTRUCTORS
On the back of this brochure

Carleton Place Pool

359 Bridge St. Carleton Place, Ontario, K7C 3H9
(613) 257-1005 or (613) 257-8302 Fax: (613) 257-3708

cppool@carletonplace.ca

www.carletonplace.ca

Course Schedules & Fees

National Lifeguard Pool Certification

\$229.75 + Alert manual (Price includes HST)

Pre-Requisites:

Minimum 16 years of age, Bronze Cross, Standard First Aid certification (current within 2 years) from one of Lifesaving Society, St. John Ambulance, Canadian Red Cross Society, or Canadian Ski Patrol.

**Proof of pre-requisites must be presented to the NL Instructor on the first night of the program.

Spring 2018 NLS—Pool

(100% attendance is required)

Fri	Mar 23	6:00 to 10:00 pm
Sat	Mar 24	10:00 to 8:00 pm
Sun	Mar 25	10:00 to 8:00 pm
Fri	Apr 6	6:00 to 10:00 pm
Sat	Apr 7	10:00 to 6:00 pm
Sun	Apr 8	10:00 to 6:00 pm

National Lifeguard Pool—RECERT

(100% attendance is required)

Wednesday, Dec 20th 1:00 to 5:00 pm

Fee: \$79.25 (Price includes HST)

Saturday, June 2nd 1:00 to 5:00 pm

Fee: \$79.25 (Price includes HST)

****Bring NL certification card as proof of pre-requisite on the day of the exam.*

Combined Swim Instructor & Lifesaving Instructor

\$312.75 + Manuals (Includes HST)

Pre-Requisites: Minimum 16 yrs of age & Bronze Cross or higher certification (NLS).

Required manuals include the Canadian Lifesaving manual, Swim for Life Award Guide, Teaching Swim for Life, Lifesaving Instructor notes, First Aid Award Guide, Swim Patrol Award Guide and Bronze Medals Award Guide.

The Swim Instructor course prepares candidates for teaching and evaluating basic swim strokes and skills for Parent & Tot, Preschool and Swimmer programs.

The Lifesaving Instructor course prepares instructors to teach the Canadian Swim Patrol, Bronze Medal awards, and Emergency First Aid.

**Proof of pre-requisites must be provided for the course staff on the first night of the program.

Spring 2018 Combined Instructor Course

(100% attendance is required)

Wed Mar 21 to Wed May 16
5:00 to 9:30 pm



REFUND POLICY—

- No refunds or credits will be permitted within 4 weeks of the program start date.
- Pro-rated refunds or credits will be considered after the program start date for medical reasons only, a doctor's note must be provided.
- Full refunds will be issued if program is cancelled due to low enrollment.

Standard First Aid & CPR-C

\$168.00 + First Aid Manual (Includes HST)

WSIB Approved

Pre-Requisites: Minimum 13 yrs of age.

November 18 & 19—9:00 to 5:00 pm

February 10 & 11—9:00 to 5:00 pm

May 26 & 27—9:00 to 5:00 pm

Course Description:

Standard First Aid incorporates all of Emergency First Aid items plus an in-depth understanding of the legal implications of first aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, abdominal and chest injuries, burns, and medical emergencies, and how to use an AED.

Standard First Aid & CPR-C RECERT CLINICS

\$97.75 + First Aid Manual (Includes HST)

WSIB Approved

November 19—9:00 to 5:00 pm

February 11—9:00 to 5:00 pm

May 27—9:00 to 5:00 pm

WSIB—Standard First Aid RECERT Policy

The Ontario Workplace Safety & Insurance Board (WSIB) specifies that Standard First Aid (SFA) award holders may recertify just once on a SFA recertification clinic. To renew an SFA certification subsequently, WSIB requires you to repeat the full course. Thereafter, you may renew by alternating recertification and original courses.

If your SFA certification is older than three years, WSIB requires that you take the full course (not a recert) again.

*****Holders of Standard First Aid certificates must recertify only with the original certifying agency.**