



THE STATION ACTIVE LIVING CENTRE

132 Coleman Street

Mondays

Chair Yoga - 1pm

Tuesdays

Coffee & Chat, 12pm - 4pm Knitting/Crotchet, 12pm - 4pm Chair Exercise Class, 1pm

Wednesdays

Coffee & Chat, 9am - 12pm Music & Singing, 10am Fitness - Azura, 10:30am

Thursdays

Knitting/Crotchet, 12pm - 4pm Bridge/Card Games, 1pm - 4pm Chair Exercise Class, 1pm

Fridays with the Civitan Club

10am to 3pm, Every Friday has a different agenda.

Call the Arena to purchase a membership - 613-257-1690. Annual membership: \$26.50 for Carleton Place residents

Wednesday, October 2nd

• Horticultural Society Meeting, 6:30pm, Zion Memorial Church

Friday, October 4th

- Oktoberfest Dinner & Dance with Bowes Brothers, 5pm, St. James Anglican Church
- Locally Made Night Market, 4pm to 8pm, Market Square Pavilion, with live music by Kentucky, 5pm – 9pm

Saturday, October 5th Pumpkinfest:

- Multicultural Fair, Zion Memorial Church, 8:30am – 2pm
- Perennial Fall Plant Sale,
 Carleton Place Museum Gardens,
 9am
- Meet The Keepers Animal
 Show, Carleton Junction, 10am 11am
- Indigenous Story Telling, CP Gallery, 10:30am - 12pm
- Minto Family Fun Zone,
 10:30am 3pm, Carleton Junction
- Ottawa Sens Street Team, 10:30am - 2pm, Carleton Junction
- Pumpkinfest Brew Tour, 11am 5pm
- Woodfire Pizza Samples, 11am 3pm, Carleton Junction

CONTINUED - Saturday, October 5th

- Live Music: The Sidewalk Crusaders, 11am -3pm, Carleton Junction
- Free Art Activities, 12pm 4pm, CP Gallery
- Live Music: The Average Joes, 12:30pm - 4pm, CP Gallery
- Kid's Costume Dance Party, 2pm - 3pm, Carleton Junction
- Movie in the Park: Hocus Pocus, 6:30pm, Carleton Junction

Sunday, October 6th

- Locally Made Vendors Market, 10am - 3pm, Market Square Pavilion, with live music by Cargo Cult
- Games Zone, 10am 3pm, Carleton Junction,
- Mini Train Rides, 10am 3pm, Carleton Junction (\$2.00 per ride)
- Orville Doodles & His Terrible Imagination Puppet Show, 11am, 1pm, 2pm, (Donations Appreciated)
- Carleton Place Jr A Hockey Game, 3pm, Arena



Saturday, October 12th

• History Beneath Your Feet -United Cemeteries Tour, 1pm or 6:30pm, \$20 each, Carleton Place Heritage Museum

Wednesday, October 16th

• Seniors Winter Driving Tips Seminar, 1pm, Station Active Living Centre

Saturday, October 19th

- History Beneath Your Feet St. James Cemetery Tours, 1pm or 6:30pm, \$20 each, Carleton Place Heritage Museum
- The Country Classics Show, 5:30pm, All Nations Church,

Saturday, October 26th

• IODE Fall Craft Fair, 10am - 3pm, Arena

Sunday, October 27th

- Family Halloween Dance, 9:30am - 12pm, Arena
- Spooky Stories Presented by Carleton Place Library, 4pm,
 Deadly Grounds Cafe

Monday, October 28th

• Not-So-Spooky Storytime -Presented by Carleton Place Library, 10:30am, Deadly Grounds Cafe

Ongoing Events

- Legion Community Breakfast, Monthly, Second Saturday, 8am
- **Tech Tutoring** Tuesdays, Bi-weekly at the Library - Sign up for a 30 minute session - 613-257-2702
- Library Cookbook Book Club -Monthly, Wednesday, October 2nd at 6:30pm. Theme this month is "Smoked" - Please register: (613) 257-2702
- Adult Craft Night at the Library
- Monthly, Wednesday, October
 9th at 6:30pm. Please register:
 (613) 257-2702
- Adult Book Club at the Library -Monthly, Monday, October 21st at 6:30pm, complete Book List and registration info: https://www.carletonplacelibrary. ca/programs-events/#Adult
- Alzheimer Society's Caregiver Support Group Drop In - 1:30pm to 3:30pm at the Carleton Place Library. In October, we'll be meeting on Monday, October 21st & 28th, 2024.

Ongoing Events

Tuesdays

- Hungry Lunch Cafe, 12pm, Zion Memorial Church
- Bridge & Cribbage, 1pm, Legion
- Civitan Bingo, 6:45pm, Arena

Wednesdays

• St. James Church Breakfast, 8:30am

Thursdays

• Navy League/Sea Cadet Bingo, 5pm, 137 John Street