

AROUND TOWN FEBRUARY 2025



THE STATION ACTIVE LIVING CENTRE

132 Coleman Street

Mondays

Chair Yoga - 1pm

Tuesdays

Coffee & Chat, 12pm - 4pm

Knitting/Crotchet, 12pm - 4pm

Chair Exercise Class, 1pm

Wednesdays

Coffee & Chat, 9am - 12pm

Music & Singing, 10am

Fitness Class- Azura, 10:30am

Thursdays

Knitting/Crotchet, 12pm - 4pm

Bridge/Card Games, 1pm - 4pm

Chair Exercise Class, 1pm

Fridays with the Civitan Club

10am to 3pm, Every Friday has a different agenda.

Visit the Arena to purchase a membership - 613-257-1690.

Annual membership: \$26.50 for Carleton Place residents

Community Events

Tuesday, February 4th

• **Winter Blues Trivia**, 7pm, Army/Navy Airforce Club

Saturday, February 8th

• **Legion Community Breakfast**, 8am, Legion

• **Valentines Day Vendor Market**, 11am, Arena

Sunday, February 9th

• **Parents & Tots Valentine's Dance**, 9:30am, Arena

• **Valentines Day Craft**

Workshop, 10:30am, Rona

• **Super Bowl Viewing Party and Chili Cook-off**, 1pm, Legion

Monday, February 10th

• **Adult Book Club Night**, 6:30pm, Library

Friday, February 14th

• **Valentines Day Dinner and Dance**, 5pm, Legion

Monday, February 17th

• **Comic Con**, 9:30am, Arena

Friday, February 21st

• **Friendship Tea**, 1pm, St. James Church Hall

Community Events Continued

Saturday, February 22nd

• **Junk and Disorderly Sale**, 10am, Museum

• **Coldest Night of the Year**, 4pm, Canoe Club

Friday, February 28th

• **Drag Show with Oliver Talent Events**, 7pm, Legion

Carleton Place Public Library

Tech Tutoring - PAUSED FOR FEBRUARY

Alzheimer Society's Caregiver Support Group Drop In -

Monday, February 10 and 24th - 1:30-3:30pm. Meetings are in the Barbara Walsh Room.

Seniors Take Charge Seminars

Starting on Tuesday, February 18! This 10-part series will cover a variety of empowering topics including Digital Safety, Downsizing 101, Employment Opportunities in Carleton Place, and more!

For a list of the full series, please visit carletonplace.ca.