



THE STATION ACTIVE LIVING CENTRE

132 Coleman Street

Tuesdays

Coffee & Chat, 12pm - 4pm Knitting/Crotchet, 12pm - 4pm Chair Exercise Class, 1pm

Wednesdays

Coffee & Chat, 9am - 12pm Music & Singing, 10am Fitness Class- Azura, 10:30am

Thursdays

Knitting/Crotchet, 12pm - 4pm Bridge/Card Games, 1pm - 4pm Chair Exercise Class, 1pm

Fridays with the Civitan Club 10am to 3pm, Every Friday has a different agenda.

Visit the Arena to purchase a membership - 613-257-1690. Annual membership: \$26.50 for Carleton Place residents

Community Events

Wednesday, April 2nd

- Library Cookbook Book Club Meeting, 6:30pm, Library
- Horticultural Society Meeting,
 7pm, Zion Memorial Church

Thursday, April 10th

Sweet Vinegars - Wildflower
 Poems by Claudia Coutu
 Radmore, 6pm, Library

Saturday, April 12th

- Arts Carleton Place Gallery
 Open House, 1pm, 127 Bridge St.
- Spring Has Sprung Dinner,
 4:30pm, Zion Memorial Church

Sunday, April 13th

- Family Dance Party, 9:30am, Arena
- Home Hospice North Lanark -Advance Care Planning
 Presentation, 1pm, Carleton
 Place Terrace, 6 Arthur St.

Monday, April 14th

• Library April Book Club Meeting, 6:30pm, Library

Thursday, April 24th

• Basic Income: A Pathway to Help End the Cycle of Intimate Partner Violence, 7pm, Town Hall

Community Events Continued

Saturday, April 26th

• **St. James Spring Fair,** 10am, St. James Anglican Church

Sunday, April 27th

Dancing Down Memory Lane
 Concert, 2pm, Arena

Carleton Place Public Library

Tech Tutoring - Tech tutoring is back! New day - Fridays!
Caroline is offering 30 minute sessions to help with basic tech skills for your phone, tablet or laptop. Call 613-257-2702 to book your session.

The Next Chapter - Carleton Place Public Library's Seniors

Corner - Join the Library's The Next Chapter Facebook group just for seniors! What can you expect to find in The Next Chapter? Book lists, fun activities and mental health tips, library events just for you and much more.

Look the group up on Facebook and request to join!