

AROUND TOWN

JUNE 2025



THE STATION ACTIVE LIVING CENTRE

132 Coleman Street

Tuesdays

Coffee & Chat, 12pm - 4pm

Knitting/Crochet, 12pm - 4pm

Chair Exercise Class, 1pm

Wednesdays

Music & Singing, 10am

Chair Yoga YouTube, 11:10am

Fitness Class- Azura, 10:30am

Thursdays

Knitting/Crochet, 12pm - 4pm

Bridge/Card Games, 1pm - 4pm

Chair Exercise Class, 1pm

Fridays with the Civitan Club

10am to 3pm, Every Friday has a different schedule of activities.

Visit the Arena to purchase a membership - 613-257-1690.

Annual membership: \$26.50 for Carleton Place residents

Community Events

Wednesday, June 4th

• Horticultural Society Meeting, 7pm, Zion Memorial Church

Saturday, June 7th

• Zion Memorial Church Yard Sale, 8am

Saturday, June 14th

• Movie in the Park - Moana 2, 8:30pm, Carleton Junction

Monday, June 16th

• Evening of Music in Riverside Park - Concert by the Carleton Place Community Band, 7:30pm

Saturday, June 21st

• Legion Strawberry Social, 1pm, Legion

Sunday, June 22nd

• Legion Tattoo, 12pm, Legion

• Wheels on the Mississippi Car Show, 9am, Riverside Park

Friday, June 27th

• Library Lemonade Stand, 1:30pm, Library

• Carleton Place Beer Fest, 4pm, Market Square

Carleton Place Public Library

Thursday, June 19th

Information Session with Service Canada. They'll be presenting a session on the Guaranteed Income Supplement and how you can apply for it, as well as giving an update on the more recent Canada Dental Plan

Tech Tutoring

Please call the library or ask at the front desk about our 30 minute sessions to help with basic tech skills for your phone, tablet or laptop. Call to book your session at 257-2702 or visit us at the front desk to reserve a space.

Alzheimer Society's Caregiver Support Group Drop In

Monday, June 9 & 23 at 1:30-3:30pm. These monthly meetings for caregivers are offered to any person caring for a loved one living with dementia. Join a representative from the Alzheimer's Society of Lanark Leeds and Grenville for opportunities to develop a social network, coping strategies and to meet others in similar situations.