



THE STATION ACTIVE LIVING CENTRE

132 Coleman Street

Tuesdays

Coffee & Chat, 12pm - 4pm Knitting/Crotchet, 12pm - 4pm Chair Exercise Class, 1pm

Wednesdays

Music & Singing, 10am Chair Yoga YouTube, 11:10am Fitness Class- Darlene, 10:00am

Thursdays

Knitting/Crotchet, 12pm - 4pm Bridge/Card Games, 1pm - 4pm Chair Exercise Class, 1pm

Fridays with the Civitan Club
10am to 3pm, Every Friday has a
different schedule of activities.

Visit the Arena to purchase a membership - 613-257-1690.
Annual membership: \$26.50 for Carleton Place residents

Community Events

Saturday, November 1st

• Rotary Club Women's Fair, 10am, Arena

Wednesday, November 5th
• Horticultural Society Monthly
Meeting, 7pm, Zion Memorial
Church

Saturday, November 8th

- Mini Maker Craft Fair, 10am, Library
- Thriftmas Pop Up Sale, 10am, Museum
- Snowflake Bazaar, 11am, St. James Anglican Church

November 8th and 9th

• Itty Bitty Artisan & Art Show, 10am, Arena

Tuesday, November 11th

• Remembrance Day Ceremony, 10:30am, Memorial Park

Saturday, November 15th

- Christmas Bazaar and Luncheon, 10am, Zion Memorial Church
- Legion Ladies AuxiliaryChristmas Bazaar, 10am, Legion

Sunday, November 16th

• Christmas Market & Thrift, 10am, Arena Saturday, November 22nd

Waterside Christmas Craft

Bazaar, 10am, Waterside Retirement Community

• Parrot Partners Visits the Library, 2pm, Library

Sunday, November 23rd

 Festival of Small Halls - Corb Lund, 2:30pm, Arena

Sunday, November 30th

Ringing in the Season Community Band Concert, 2pm,
 Zion Memorial

Winterfest

Saturday, November 22nd - 4pm to 8pm - Market Square & Downtown Carleton Place

- Evening night market
- Live Entertainment
- Horse-drawn Carriage Rides
- Free! Family-friendly event

Santa Claus Parade

Saturday, November 29th - 5pm 2025 Theme: Merry & Bright

 Parade starts at CPHS, goes down Lake Avenue, turns left onto Bridge Street, and ends at the Carambeck Community Centre