



# CALENDAR OF EVENTS FOR



## January 2026



DATES	ACTIVITIES
<b>Tuesday, January 6, 23, 20, 27</b>	<ul style="list-style-type: none"><li>12:00 – 3:45      ✓ Snack Bar Café</li><li>12:00-4:00      ✓ Drop in Ping pong, darts ✓ Scrabble/Euchre/Crib and puzzles ✓ Learn/join - Knitting/Crocheting/cross stitching/quilting</li><li>1:00-2:00      ✓ Chair Zumba class with Isabelle</li><li>2:10-3:10      ✓ <b>NEW - Stand up Zumba class with Isabelle</b></li></ul>
<b>Wednesday, January 7, 14, 21, 28</b>	<ul style="list-style-type: none"><li>9:30 – 11:45      ✓ Snack Bar Cafe</li><li>10:00 – 11:00      ✓ Music jamming &amp; Singing with AVA ✓ Fitness class with Darlene</li><li>10:00 – 11:45      ✓ <b>NEW Beginners – The Art of Water Colour 12 week class (sign up only)</b></li></ul>
<b>Thursday, January 8, 15, *22, 29</b>	<ul style="list-style-type: none"><li>12:00 – 3:45      ✓ Snack Bar Cafe</li><li>12:00-4:00      ✓ Drop in Ping pong, darts ✓ Scrabble/Euchre/Crib and puzzles ✓ Learn/join - Knitting/Crocheting/cross stitching/quilting</li><li>1:00-2:00      ✓ Fitness class with Darlene</li><li>2:15- 3:00      ✓ <b>NEW - Drum Fit exercise class 4 week class</b></li></ul>
<b>*Thursday, January 22nd</b>	<ul style="list-style-type: none"><li>2:15 – 3:15      ✓ <b>Home Hospice North Lanark Information Session</b> ✓ <b>211 and 811 explained</b></li></ul>

**Activities, workshops and seminars are added to the calendar throughout the month. Become a member to stay informed.**

Annual memberships (resident: \$26.50, non-resident: \$42.75) are available at the CP Arena.

Call (613) 257-1690 for more information or email [thestationalc@gmail.com](mailto:thestationalc@gmail.com)

*Friday schedule*





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Quilting starts in February on Fridays. Final sign up and choices made during the month of January

DATES	ACTIVITIES	COST (where applicable)
<b>Friday, January 9th</b>		
10:00-12:00	<ul style="list-style-type: none"> <li>✓ <b>Craft with Lynda</b></li> <li>✓ The Art of Water Colour (Intermediate)</li> <li>✓ Learn/Play Mahjong</li> <li>✓ Learn a new card game – Phase 10</li> </ul>	\$4
12:00-12:40	<ul style="list-style-type: none"> <li>✓ Line Dancing for Beginners</li> </ul>	
1:00-3:00	<ul style="list-style-type: none"> <li>✓ Learn/Play Euchre and/or Mahjong (Prizes)</li> </ul>	\$2 for Euchre
1:30-2:15	<ul style="list-style-type: none"> <li>✓ Chair Exercises with Dr.Legate</li> </ul>	
<b>Friday, January 16th</b>		
10:00-12:00	<ul style="list-style-type: none"> <li>✓ <b>Craft – Jewelry Making with Jaime-Lynne</b></li> <li>✓ The Art of Water Colour (Intermediate)</li> <li>✓ Learn/Play Mahjong</li> </ul>	\$4
12:00-12:40	<ul style="list-style-type: none"> <li>✓ Line Dancing for Everyone</li> </ul>	
1:00-3:00	<ul style="list-style-type: none"> <li>✓ Learn/Play Euchre and <b>BINGO (prizes)</b></li> </ul>	\$2 each
1:30-2:15	<ul style="list-style-type: none"> <li>✓ Chair Exercises with Dr.Legate</li> </ul>	
<b>Friday, January 23<sup>rd</sup></b>		
10:00-12:00	<ul style="list-style-type: none"> <li>✓ <b>Craft – Jewelry Making with Jaime-Lynne</b></li> <li>✓ The Art of Water Colour (Intermediate)</li> <li>✓ Mahjong</li> </ul>	\$4
11:30-12:30	<ul style="list-style-type: none"> <li>✓ Lunch Bunch – Chili and a bun</li> </ul>	\$5
	<ul style="list-style-type: none"> <li>✓ Line Dancing for Everyone</li> </ul>	
1:00-3:00	<ul style="list-style-type: none"> <li>✓ Learn/Play Euchre and/or Mahjong (Prizes)</li> </ul>	\$2 for Euchre
1:30-2:15	<ul style="list-style-type: none"> <li>✓ Chair Exercises with Dr.Legate</li> </ul>	
<b>Friday, January 30<sup>th</sup></b>		
10:00-12:00	<ul style="list-style-type: none"> <li>✓ <b>Make and Take Sourdough with Lynda</b></li> <li>✓ The Art of Water Colour (Intermediate)</li> <li>✓ Mahjong</li> </ul>	\$5
12:00-12:40	<ul style="list-style-type: none"> <li>✓ Line Dancing for everyone</li> </ul>	
1:00-2:15	<ul style="list-style-type: none"> <li>✓ Learn/Play Euchre and/or Mahjong (Prizes)</li> </ul>	\$2 for Euchre
	<ul style="list-style-type: none"> <li>✓ <b>NO Chair Exercises</b></li> </ul>	

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