

**POOL CALENDAR for AUGUST 3<sup>rd</sup> to SEPTEMBER 3<sup>rd</sup>, 2021**  
**REGISTER in ADVANCE for ALL programs – Call 613-257-1005**

<b>Mondays</b> Closed Aug 2nd	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>
7:30-8:30 am Lane Swim	8:45-9:30 am Aquafit	7:30-8:30 am Lane Swim	8:45-9:30 am Aquafit	7:30-8:30 am Lane Swim
8:30-9:30 am Lane Swim	9:30-10:30 am Lane Swim	8:30-9:30 am Lane Swim	9:30-10:30 am Lane Swim	8:30-9:30 am Lane Swim
<b>NEW***9:30-10:00 Parent &amp; Tot Playgroup</b> 9:30-10:30 am Hot Pool	10:30-11:30 am Lane Swim & Family Swim	<b>NEW***9:30-10:00 Parent &amp; Tot Playgroup</b> 9:30-10:30 am Hot Pool	10:30-11:30 am Lane Swim & Family Swim	9:30-10:30 am Lane Swim
10:30-11:15 am ARTHRITIS Aquafit	12:00-1:00 Adult Swim	10:30-11:15 am ARTHRITIS Aquafit	12:00-1:00 Adult Swim	10:30-11:30 am Lane Swim & Family Swim
12:00-1:00 pm Adult Swim	1:00-2:00 pm Lane Swim & Family Swim	12:00-1:00 pm Adult Swim	1:00-2:00 pm Lane Swim & Family Swim	12:00-1:00 Adult Swim
1:00-2:00 pm Lane Swim & Family Swim	4:30-7:30 pm Lessons (Aug 10-24) 7:30-8:30 pm Lane Swim & Family Swim	1:00-2:00 pm Lane Swim & Family Swim	4:30-6:00 pm Lessons (Aug 12-26) 6:00-7:00 pm Family Swim 7:00-8:00 pm Lane Swim	

Private lesson spots (1 person per Instructor) are available daytime and evenings – Call the pool 613-257-1005  
 Private Lesson rate is \$38.75 per child per 30 min. lesson.  
 Semi Private Lessons are temporarily discontinued, ie 2 swimmers per Instructor

**Aquafit & ARTHRITIS Aquafit Fees**

Drop In / 10 Visit Punch Cards:  
 Youth 13-17 & Senior 55 yrs and over—\$9.50 / \$85.50  
 Adult 18 yrs—\$11.00 / \$99.00

Pool Membership renewals for Aquafit, Swims and Lessons are discontinued temporarily. Please speak with pool staff for more information.

**Children's Evening Lessons in August**

Tuesdays 4:30 to 7:30 pm – Aug 10-24  
 Thursdays 4:30-6:00 pm – Aug 12-26  
 \$63.00 per child for 3 x 30 min classes

Preschool A to Swimmer 2 – Max 2 per class  
 Swimmer 3 and up – Max 6 per class  
**NEW \*\*\* Parent & Tot Playgroup – Max 8 per class**

## CHILDREN'S Lessons

ALL classes are 30 min.x 3 classes per session. Parents are NOT required to be in the pool with their children. Our ratio is 2 children per Instructor for Preschool levels, Swimmer 1 & 2. Higher ratio classes for Swimmer 3 to 6. Ratios could change at any time. Participants will work on existing swim skills; no formal evaluation will be done.

**\$63 per child—Non-residents Add \$26.50**

### Tuesday Evening Lessons

AUGUST 10<sup>th</sup> to 24<sup>th</sup> (3-class session)

### Thursday Evening Lessons

AUGUST 12<sup>th</sup> to Aug 26<sup>th</sup> (3-class session)

Call the pool 613-257-1005 to register

### \*\*NEW – Parent & Tot Playgroup

Ages 4 mos to 4 yrs

\$10 per class. Book in advance

Daytime and Evening classes are available starting in August  
Call the pool 613-257-1005 to register

**PRIVATE LESSONS \$38.75 per 30-minute class / SEMI-PRIVATE LESSONS are currently NOT available**

### Aquatic Lessons & COVID-19

**IMPORTANT NOTES** - Preschool levels A to E and Swimmer levels 1 & 2 do not require a parent or caregiver in the water with the child.

1. One parent spectator per child in the facility. NO additional SPECTATORS please, until further notice.
2. Arrive ONLY 5 minutes before the class starts.
3. Have your bathing suit on under your clothes before arriving to reduce time spent in the changeroom.
4. Take all belongings onto the deck with you. No personal items are to be left in the changerooms.
5. Masks stay on until you enter the water, put mask on after swimming and wear it until you exit the building.
7. Maintain social distance while on bleachers or pool deck from others who are not from your household.
8. We do not supply goggles, lifejackets or flutterboards, currently
9. Maximum 15 minutes in the changerooms after swimming, then exit the facility.
10. ALWAYS check with your Program Supervisor before taking any photos.

### Admission / Supervision Policy for Swims

1. Families stay within their own 'family bubble' while in the pool and while using the changerooms. Always call before coming to the pool to register for the swim.
2. Arrive 5 minutes before the swim starts. Having your bathing suit on under your clothes allows for quicker changing and reduces the time in the changerooms.
3. No personal items are to be left in the changerooms, bag your items and bring to the pool deck with you.
4. Children / Youth will not be allowed to attend a FAMILY SWIM without a parent who is also participating in the pool.
5. Parents / Guardians must be competent swimmers.
6. No more than 4 non / weak swimmers per Parent / Guardian. Bring your own lifejackets.
7. Swim tests will be required. The Supervisor on duty has the right to request a swim test of any individual attending these swims.
8. Masks stay on until you enter the water, put mask on after swimming and wear it until you exit the building.
9. Maximum 15 minutes in the changerooms after swimming.



359 Bridge Street, Carleton Place, ON. K7C 3H9

*Your Aquatic Center serving  
Carleton Place, Beckwith,  
and Mississippi Mills.*

## Program Calendar

Lessons—Aquafit—Swims

All programs must be booked in advance,  
no drop-ins at this time, please.  
613-257-1005

Visit [www.carletonplace.ca](http://www.carletonplace.ca)  
for current program information.



### Carleton Place Aquatics

*359 Bridge St. Carleton Place,  
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[www.carletonplace.ca](http://www.carletonplace.ca)