

POOL CALENDAR for JULY 26th to JULY 30th , 2021
REGISTER in ADVANCE for ALL programs – Call 613-257-1005

Monday July 26	Tuesday July 27	Wednesday July 28	Thursday July 29	Friday July 30
7:30-8:30 am Lane Swim		7:30-8:30 am Lane Swim		7:30-8:30 am Lane Swim
8:30-9:30 am Lane Swim	8:45-9:30 am Aquafit	8:30-9:30 am Lane Swim	8:45-9:30 am Aquafit	8:30-9:30 am Lane Swim
9:30-10:30 am Lane Swim & Family Swim	9:30-10:30 am Lane Swim & Family Swim	9:30-10:30 am Lane Swim & Family Swim	9:30-10:30 am Lane Swim & Family Swim	9:30-10:30 am Lane Swim & Family Swim
10:30-11:15 ARTHRITIS Aquafit	10:30-11:30 am Lane Swim & Family Swim	10:30-11:15 ARTHRITIS Aquafit	10:30-11:30 am Lane Swim & Family Swim	10:30-11:30 am Lane Swim & Family Swim
12:00-1:00 pm Adult Swim	12:00-1:00 pm Adult Swim	12:00-1:00 pm Adult Swim	12:00-1:00 pm Adult Swim	12:00-1:00 pm Adult Swim
1:00-2:00 pm Lane Swim & Family Swim	1:00-2:00 pm Lane Swim & Family Swim	1:00-2:00 pm Lane Swim & Family Swim	1:00-2:00 pm Lane Swim & Family Swim	1:00-2:00 pm Lane Swim & Family Swim

Private lesson spots (1 person per Instructor) are available daytime and evenings – Call the pool 613-257-1005
 Private Lesson rate is \$38.75 per child per 30 min. lesson.
 Semi Private Lessons are temporarily discontinued, ie 2 swimmers per Instructor

Aquafit & ARTHRITIS Aquafit Fees

Drop In / 10 Visit Punch Cards:
 Youth 13-17 & Senior 55 yrs and over—\$9.50 / \$85.50
 Adult 18 yrs—\$11.00 / \$99.00

Pool Membership renewals for Aquafit, Swims and Lessons are discontinued temporarily. Please speak with pool staff for more information.

Children's Evening Lessons in August

Tuesdays 4:30 to 7:30 pm – Aug 10-24
 Thursdays 4:30-6:00 pm – Aug 12-26
 \$63.00 per child for 3 x 30 min classes

Preschool A to Swimmer 2 – Max 2 per class
 Swimmer 3 and up – Max 6 per class
 NEW *** Parent & Tot Playgroup – Max 8 per class

CHILDREN'S Lessons

ALL classes are 30 min.x 3 classes per session. Parents are NOT required to be in the pool with their children. Our ratio is 2 children per Instructor for Preschool levels, Swimmer 1 & 2. Higher ratio classes for Swimmer 3 to 6. Ratios could change at any time. Participants will work on existing swim skills; no formal evaluation will be done.

\$63 per child—Non-residents Add \$26.50

Tuesday Evening Lessons

AUGUST 10th to 24th (3-class session)

Thursday Evening Lessons

AUGUST 12th to Aug 26th (3-class session)

Call the pool 613-257-1005 to register

**NEW – Parent & Tot Playgroup

Ages 4 mos to 4 yrs

\$10 per class. Book in advance

Daytime and Evening classes are available starting in August
Call the pool 613-257-1005 to register

PRIVATE LESSONS \$38.75 per 30-minute class / SEMI-PRIVATE LESSONS are currently NOT available

Aquatic Lessons & COVID-19

IMPORTANT NOTES - Preschool levels A to E and Swimmer levels 1 & 2 do not require a parent or caregiver in the water with the child.

1. One parent spectator per child in the facility. NO additional SPECTATORS please, until further notice.
2. Arrive ONLY 5 minutes before the class starts.
3. Have your bathing suit on under your clothes before arriving to reduce time spent in the changeroom.
4. Take all belongings onto the deck with you. No personal items are to be left in the changerooms.
5. Masks stay on until you enter the water, put mask on after swimming and wear it until you exit the building.
7. Maintain social distance while on bleachers or pool deck from others who are not from your household.
8. We do not supply goggles, lifejackets or flutterboards, currently
9. Maximum 15 minutes in the changerooms after swimming, then exit the facility.
10. ALWAYS check with your Program Supervisor before taking any photos.

Admission / Supervision Policy for Swims

1. Families stay within their own 'family bubble' while in the pool and while using the changerooms. Always call before coming to the pool to register for the swim.
2. Arrive 5 minutes before the swim starts. Having your bathing suit on under your clothes allows for quicker changing and reduces the time in the changerooms.
3. No personal items are to be left in the changerooms, bag your items and bring to the pool deck with you.
4. Children / Youth will not be allowed to attend a FAMILY SWIM without a parent who is also participating in the pool.
5. Parents / Guardians must be competent swimmers.
6. No more than 4 non / weak swimmers per Parent / Guardian. Bring your own lifejackets.
7. Swim tests will be required. The Supervisor on duty has the right to request a swim test of any individual attending these swims.
8. Masks stay on until you enter the water, put mask on after swimming and wear it until you exit the building.
9. Maximum 15 minutes in the changerooms after swimming.



359 Bridge Street, Carleton Place, ON. K7C 3H9

*Your Aquatic Center serving
Carleton Place, Beckwith,
and Mississippi Mills.*

Program Calendar

Lessons—Aquafit—Swims

All programs must be booked in advance,
no drop-ins at this time, please.
613-257-1005

Visit www.carletonplace.ca
for current program information.



Carleton Place Aquatics

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