



AROUND TOWN

MARCH 2024



THE STATION ACTIVE LIVING CENTRE

132 Coleman Street

Tuesdays

Coffee & Chat, 12pm - 4pm
Knitting/Crochet, 12pm to 4pm
Chair Exercise Class, 1pm

Wednesdays

Coffee & Chat, 9am to 12pm
Music & Singing, 10am

Thursdays

Knitting/Crochet, 12pm to 4pm
Bridge/Card Games, 1pm to 4pm
Chair Exercise Class, 1pm

Fridays with the Civitan Club

10am to 3pm. Crafts, cards, darts, ping-pong, knitting & crocheting, euchre and crib, line dancing, games, bingo and more. Every Friday has a different agenda.

Call the Arena to purchase a membership - 613-257-1690.
Annual membership: \$26.50 for Carleton Place residents

UPCOMING EVENTS

Wednesday, March 6th

- Horticultural Society Meeting, 6:30pm, Zion Memorial Church

Thursday, March 7th

- Sign Up Night, 6:30pm, Arena

Saturday, March 9th

- Legion Community Breakfast, 8am, Legion
- Doubles Dart Fundraising Tournament, 4pm, Legion

Sunday, March 10th

- Sewing & Craft Sale, 10am, Arena

Monday, March 11th

- Magic Show, 2pm, Arena

Sunday, March 17th

- Brownie & Friends, 1pm, Legion

Tuesday, March 19th

- Monster Bingo, 6:30pm, Arena

Friday, March 22nd

- Seniors Luncheon, 12pm, Legion

Saturday, March 23rd

- Spring Mom2Mom Sale, 10am, Arena
- The Great Canadian Comedy Caravan Tour, 8pm, Town Hall Auditorium

CARLETON PLACE PUBLIC LIBRARY

Tech Tutoring - Tuesdays, Bi-Weekly - 30 minute sessions. Call 613-257-2702 to register.

Home Hospice North Lanark Monthly Drop-in Program - You are not alone. Connect with others. Share experiences, challenges, and triumphs with fellow caregivers. No appointment necessary. Second Thursday of the month from 1pm to 3pm. For information you can contact programsupport@hnl.ca or call Sidney at 613-253-6980.

Alzheimer's Society Caregiver Support - Monthly meetings for caregivers are offered to any person caring for a loved one living with dementia.. Second and last Monday of each month, from 1:30pm to 3:30pm. Contact Alzheimer's Society of Lanark Leeds Grenville at 1-866-576-8556 or e-mail GERALYNN SMITH at gsmith@alzllg.ca