

AROUND TOWN

JULY 2026



THE STATION ACTIVE LIVING CENTRE

132 Coleman Street

**Annual memberships (resident:
\$26.50, non-resident: \$42.75)
are available at the CP Arena.**

Tuesday, July 7th, 14th, 21st, 28th

12 pm - 3:45 pm - Cafe & Lounge

12 pm - 3 pm - Community

Crafting - Learn/join in

1 pm - 3pm - Music with Friends

1 pm - 2 pm - Chair Zumba class
with Isabel #1

2:15 pm - 3:15 pm - Chair Yoga
with Zoe

Wednesday, July 8th, 15th, 22nd, 29th - CLOSED JULY 1st

9:30 am - 11:45 am - Cafe &
Lounge

10 am - 11 am - Music with AVA
and friends, Strength & Stretch
Exercise with Darlene

11:10 am - 11:50 am - Drum Fit with
Waterside's Rosie

Wednesday, July 22nd

11: 30 am - 2:30 pm - Carnival Day!

Thursday, July 2nd, 9th 16th, 23rd, 30th

12 pm - 3:45 pm - Cafe & Lounge

12 pm - 3 pm - Community

Crafting - Learn/join in

1 pm - 2 pm - Strong & Steady

Exercise with Darlene

1 pm - 3 pm - Chess - learn/play

2:15 pm - 3 pm - Line Dancing with
Debbie

Thursday, July 16th

2 pm - 3 pm - Strong and Steady

Exercise with Darlene

Thursday, July 23rd

**1 pm - 2 pm - No Fitness Class
with Darlene!**

Outdoor games and events
throughout the month, weather
permitting – stay tuned

Friday, July 3rd

10 am - 12 pm - Mahjong - play or
learn how to play

10 am - 12 pm - Euchre (prizes)

11:45 pm - 12:30 pm - Line Dancing
for Everyone

Friday, July 10th

10 am -12 pm -Mahjong -play or
learn how to play

10 am -12 pm -Euchre (prizes)

11:45 pm -12:30 pm -Line
Dancing for Everyone

Friday, July 17th

10 am -12 pm -Mahjong -play or
learn how to play

10 am -12 pm -Euchre (prizes)

11:45 pm -12:30 pm -Line
Dancing for Everyone

Friday, July 24th

10 am -12 pm -Mahjong -play or
learn how to play

10 am -12 pm -Euchre (prizes)

11:45 pm -12:30 pm -Line
Dancing for Everyone

Friday, July 31st

Closed for the Long Weekend

COMMUNITY EVENTS

UPCOMING EVENTS

Wednesday July 1st

- Canada Day in Carleton Place – 1 pm

Thursday, July 2nd

- Quiz Night at Stalwart Brewing Co, 7 pm

Friday, July 3rd

- Live Music at St. James Gate Brock Zeman – 7 pm
- The Pipes Are Calling – A Tribute To Our Veterans – 6 pm, Memorial Park

Saturday, July 4th

- Kids' Fishing Derby, 8:30 am, Riverside Park

Sunday, July 5th

- Crafternoon Kids, 11 am, A Bunch of Whimsy
- Miller's Crossing Park Party – 2 pm

Tuesday, July 7th

- Mediterranean Vegan Cooking Class, 6 pm, Blue Spoon Atelier

Wednesday, July 8th

- Car Ownership, An Introduction Seminar, 6:30 pm, Library

Thursday, July 9th

- The River Walk Historical Walking Tour, 6:30 pm, Museum
- Jammin at the Junction – Roger Plant Trio, 6:30 pm, Carleton Junction
- Taco Night at Stalwart Brewing Co, 5:30 pm

Friday, July 10th

- Mary Cook Plaque Unveiling, 10 am, Library

Friday, July 10th - Continued

- The Pipes Are Calling – A Tribute To Our Veterans, 6 pm, Memorial Park
- Live Music at St. James Gate – Chris Allaby, 7 pm

Saturday, July 11th

- Latching and Hatching: Considerations for Young Families Seminar, 10 am, Library
- Dunlop Road Park Party, 5:30 pm

Sunday, July 12th

- The River Walk Historical Walking Tour, 1 pm, Museum
- Artisanal Sourdough Bread Making, 4 pm, Blue Spoon Atelier

Thursday, July 16th

- Jammin at the Junction – M&M Music, 6:30 pm

Friday, July 17th

- Medication in the Media Seminar, 10 am, Library
- Dots of Joy Vernissage, 1 pm, Carleton Place Gallery
- The Pipes Are Calling – A Tribute To Our Veterans, 6 pm, Memorial Park
- Sweet Potato Ravioli Cooking Class, 6 pm, Blue Spoon Atelier
- Live Music at St. James Gate – Cait Porteous, 7 pm

Tuesday, July 21st

- Basics of Real Estate and Alternative Pathways to Home Ownership Seminar, 6 pm, Library

Tuesday, July 21st - Continued

- Scratch Made Italian Classics Cooking Class, 6 pm, Blue Spoon Atelier

Thursday, July 23rd

- Jammin at the Junction – Nathan Sloniowski Trio, 6:30 pm, Carleton Junction
- Taco Night at Stalwart Brewing Co, 5:30 pm

Friday, July 24th

- The Pipes Are Calling – A Tribute To Our Veterans, 6 pm, Memorial Park
- Live Music at St. James Gate – Rick & Lindsay, 7 pm

Saturday, July 25th

- Bridge Street Summerfest, 10 am, Downtown Carleton Place
- Live Music at Carleton Place Gallery – 10 am

Tuesday, July 28th

- Kids Sorbet Making Class, 5 pm, Blue Spoon Atelier
- Crafter-Hours, 6 pm, A Bunch of Whimsy
- Foundry Trivia Night, 6:30 pm, Foundry Coffee Bar

Thursday, July 30th

- Quiz Night at Stalwart Brewing Co, 7 pm

Friday, July 31st

- The Pipes Are Calling – A Tribute To Our Veterans, 6 pm, Memorial Park
- Live Music at St. James Gate – Bahoo and the Brat, 7 pm